

Esbats

Esbats are lunar celebrations, generally done during the 13 full moons whereas Sabbats are 8 solar celebrations.

New: Celebrate when it becomes new or just after.

Waxing: Between the New and Full moon.

Full: Celebrate just before or when it becomes full.

Waning: Between the Full and New moon.

Sabbat Dates

*Halloween/Samhain
October 31 – Nov 1st

Winter Solstice/Yule
December 19 to 22 — whenever sun goes into Capricorn

*Candlemas/Imbolg
February 2

Spring Equinox/Ostara
March 19-22 — whenever sun goes into Aries

*May Eve/Beltane/Bealtaine
April 31 – May 1st

Summer Solstice/Litha
June 19 to 22 — whenever sun goes into Cancer

*Lammas/Lúnasa/Lughnassah
August 2 (Aug 1st)

Autumn Equinox/Mabon
September 19 to 22 — whenever sun goes into Libra

**Most important sabbat dates – major festivals.*

***Paper has been modified to include alternate names/spellings.*

Note that names like Ostara, Litha, Mabon are often contested and can be traced back to Aidan Kelly in the 1970s.