

Esbats

Esbats are lunar celebrations, generally done during the 13 full moons whereas Sabbats are 8 solar celebrations.

New: Celebrate when it becomes new or just after.

Waxing: Between the New and Full moon.

Full: Celebrate just before or when it becomes full.

Waning: Between the Full and New moon.

Sabbat Dates

*Halloween/Samhain

October 31 – Nov 1st

Winter Solstice/Yule

December 19 to 22 — whenever sun goes into Capricorn

*Candlemas/Imbolg

February 2

Spring Equinox/Ostara

March 19-22 — whenever sun goes into Aries

*May Eve/Beltane/Bealtaine

April 31 – May 1st

Summer Solstice/Litha

June 19 to 22 — whenever sun goes into Cancer

*Lammas/Lúnasa/Lughnassah

August 2 (Aug 1st)

Autumn Equinox/Mabon

September 19 to 22 — whenever sun goes into Libra

**Most important sabbat dates – major festivals.*

***Paper has been modified to include alternate names/spellings.*

Note that names like Ostara, Litha, Mabon are often contested and can be traced back to Aidan Kelly in the 1970s.